



Causes of narcotics addiction and Itsprevention ways in Nangarhar province Afghanistan

Mahfozullah Arifi¹, Bashir Ahmad Mohammadi², Fazal Hadi Fazli³

¹ Associate Professor, Department of Criminal Law, Law and political sciences Faculty, Nangarhar University, Jalalabad, Nangarhar, Afghanistan

^{2,3} Assistant Professor, Department of Public Law, Law and political sciences Faculty, Nangarhar University, Jalalabad, Nangarhar, Afghanistan

Abstract

Today, narcotics addiction like some other social and global treats such as poverty, climate change, wars, and deadly diseases is a huge and serious challenge to the humanity. Scholars believe that the numbers of casualties which are caused by narcotics addiction are more than any other treats in Nangarhar province Afghanistan. Furthermore, the number of addicted people here in Nangarhar province has been rising gradually and currently their number is reached to a half million. Narcotics have different types of effects concerning the addicted people such as fake happiness, lack of physical activities, body aching, redness of facial skin, vomiting, psychological and mental defects, and losing interest in making relations with friends and other social affairs.

The first part of this research paper will discuss the definition of narcotics. Then, the second part will mainly discuss the causes of narcotics addiction in Nangarhar province. Third, the paper will discuss those ways which are very important in preventing narcotics addiction in Nangarhar province. The last part will contain recommendations.

Keywords: itsprevention, narcotics, global, poverty, climate

Introduction

Apparently, narcotics cause many defects to humanity such as social, economic, physical and mental disorders; therefore, the whole humanity is acknowledged with them. For the first time, a nation by the name of *Sumerian* became familiar with the deadly substance of narcotics. Furthermore, in 400 B.C the former chines started cultivation of narcotics and then it spread out to other nations. In 1500 B.C, the puppy seeds were taken from Egypt to Greek and named them opium. It should be mentioned that the Great Britain intended to colonialize the whole globe; therefore, the Great Britain started to transfer narcotics to every place.

In Afghanistan, the narcotics cultivation was speed up from the invasion of Soviet Union on Afghanistan. From this time people in Afghanistan have become addicted. But when the Taliban regime collapsed in Afghanistan, the narcotics and addiction on narcotics increased so quickly especially in the transitional government of President Hamid Karzai.

Now, I would like to discuss the addiction causes of narcotics in Afghanistan and then write down those ways which are very essential in the prevention of narcotics.

Acknowledgment of narcotics and its types

Narcotics have many defects such as religious, health, social, economic, mental and others which are discussed in detail in academic books, journals, and articles. Besides, the cultivation, use and the trade of narcotics is illegal according to the explicate provisions of Holly Quran, Hadiths and consensus of Islamic scholars.

Narcotics are those drugs which weaken the mental activities and cause intoxication. Or, narcotics are those deadly substances like opium, Cocaine and puppy that cause

weakness, laziness and some mental disorders to the human beings. By other words, narcotics are those things which weaken and disordered senses and pressurized the brain of every human being.

Scholars are divided into two groups according to the intoxicated beverages and narcotics materials that whether they are the same or different. Firstly, some Islamic scholars like *Ibni Taimah*, *Ibni Hajar* and Imam *Zahabi* believe that all the narcotics drugs such as *marijuana*, opium, and others are same and do not have any differences because all the above-mentioned narcotics materials affect the human brain and cause mental activities. Secondly, an Islamic scholar by the name of *Oan-al- Mabood* states that the above-mentioned narcotics materials do not affect the human brain but just cause laziness and weakness in human body.

If we could closely analyze the above two academic concepts, the first one looks logical because the usage of narcotics affect the brain of human beings; thus they are not capable to differentiate good deeds from bad, and negative from positive and finally they commit crimes.

Apparently, narcotics have more than 200 types and every kind has its own characteristics, the way of use, and the mechanism of effects and other related issues. Now I would like to study the addiction causes of narcotics in Nangarhar province.

I. The addiction causes of narcotics in Nangarhar province Afghanistan

There are many addiction causes of narcotics in Nangarhar province which are discussed as follow:

1. The negative effects of parents' addiction on their children: Sometimes, in the period of pregnancy one of the parents is using narcotics or alcohol. This situation causes

mentally disorders to the embryo. These mentally disorders may cause addiction to the newborn baby in the future and the child may become a dangerous criminal. This is obvious issues that when parents are using narcotics so the coming children may also become addicted to narcotics. For this reason, I had an interview with five doctors who treat the addicted people in one to the hospitals in Nangarhar province. They told me that the addiction history of parents shows that when one of the parents use narcotics or alcohol, their addiction is one the big cause of their children addiction.

I should say that every child follows his/her parents' path whatever they do. Then the child practices whatever his/her parents do. The addiction of parents has a very direct link and causes the pregnancy. In conclusion, the addiction of parents paves the way to the addiction of their children.

2. The death and illness of parents: When someone's parents die, he/she become very disappointed and try to get rid of this tragic situation; therefore, he/she start using narcotics or alcohol and this is the beginning of narcotics addiction. Sometimes, someone's parents become ill or sick so the child take all responsibilities to treat them and take them to a doctor, but the child could not cover these responsibilities; therefore, the child start using narcotics to forget the tragic situation for a while. This is the begging of narcotics addiction for this innocent child. To discuss the above-mentioned issue, I interviewed three addicted people. The three addicted persons revealed that their cause of addiction is the death or illness of their parents.

3. The disputed family environment: The disputed family environment may cause mental disorders to the family members. When there is no unity between parents in a family, this condition may put negative effects on the family members. It is obvious that young people cannot tolerate the unpleasant environment of their family; therefore, they choose to use narcotics to feel comfortable for a while. I had an interview with two addicted people's fathers. They told me that there was a very tense situation in their families so their sons could not tolerate the conditions and started using narcotics.

4. No or lack of control of parents over their children: When children grow up, their social situation is also changed and they try to make relations with people. Sometimes, young people cannot make good friends so they make relations with bad natured people. If parents could not control their children, they may join criminal gangs or addicted groups. Those children that they never controlled by their parents, may not consider themselves responsible. I had an interview with three addicted people in Nangarhar province. They revealed that if their parents could not allow them not to have relations with bad people, they will not live this bad life.

5. No awareness and implementation of the Islamic rules: In fact, the maintenance and the implementation of religious rules and regulations, from one hand, strengthen the power of resistance in human beings, and from the other hand, causes the prevention of narcotics addiction. The reason why people use narcotics because most of them do not consider that narcotics are illegal under the rulings

(Ahkam) of Islamic sharia and the statutory laws of Afghanistan. As we witness a large number of addicted people in Nangarhar province; therefore, in Afghanistan, the Islamic scholars, university and schools' teachers and the whole nation have the responsibility to take part in the public awareness. In order to discuss the issue more effectively, I conducted interviews with two policemen, two medical doctors, two Islamic scholars and two addicted persons. All of the above-mentioned people told me that "the citizens of the Islamic republic of Afghanistan are Muslims. They realize that the cultivation, processing, selling, distribution, production, exporting, importing, using, transportation, storing and trafficking is prohibited and not allowed under the Islamic rulings (Ahkam). Furthermore, in the remote areas of Afghanistan residents do not know the disadvantages of using narcotics; therefore, the government should make a strong and effective mechanism to aware the people to stop using narcotics. I should say that the government must work in the public awareness. The government should make some seminars on the national stage and discuss the negative aspects of narcotics. Furthermore, all the people in Afghanistan ought to get together and work to find out the causes of addiction and then recommend some affective ways to bring the addiction to a very low level.

6. The low level of education: Education could play a crucial role in preventing addiction. Moreover, it is strengthening the power of resistance in people. It is worth mentioning that educated people consider the consequences of their deeds more than uneducated people in every field of their life. In order to know the role of education in preventing addiction, I conducted an interview with three addicted people in Nangarhar province. All of the interviewed addicted people told that "illiteracy and low level of education could cause many struggles and difficulties in a society and of them if narcotics addiction. Furthermore, if they could get education, they will not be in this bad and tragic situation" I should say that education is a light which fulfill the needs and requirements of a society. If a nation is pursuing education that will never be drown in the tragic ocean of life. The government should facilitate people to get education and change the bad environment of Afghanistan forever.

7. The cultivation of narcotics: It plays a very critical rule in increasing the number of addicted people in a society. In Afghanistan it is very easy to find and use narcotics because the rate of cultivation is very high. Furthermore, those people who work in a narcotics production factory become addicted very quickly and easily because they always engage and have full access to narcotics. To know the rule of narcotics cultivation in addiction, I conducted an interview with two formers. They said "the economic situation of Afghan people is very low and most of them are poor; therefore, they cultivate narcotics to fulfill their daily needs. If the government provides work facilities and narcotics cultivation alternatives for the people, they do not cultivate narcotics. I should say that providing work facilities and narcotics cultivation alternatives, could easily prevent civilians from the cultivation of narcotics. Moreover, if the formers could only receive 200 Afghani, they do not intend to cultivate narcotics.

8. The existence of an international drug market:

According to Afghan laws, cultivation, processing, selling, purchasing, storing, distributing, producing, exporting, importing, transportation, using and trafficking is not allowed and considered as a crime. Unfortunately, due to bad economic situation, people are obliged to cultivate narcotics to fulfill their needs. Not only Afghans involve in the cultivation, producing, processing and trafficking narcotics, foreigners and Mafia in Nangarhar province are very active to take and transfer narcotics out from Nangarhar province to an international market. If the international community could close international market, the cultivation and transferring narcotics will also be collapsed. In order to discuss the issue deeply, I interviewed two experts and they said "the main reasons of narcotics are, an open international market, high income through narcotics and poverty. If the international market closes, drug smugglers arrests and narcotics rates drop lower, the cultivation of narcotics will disappear". I must say that for the ultimate demolishing of narcotics the following steps should be taken: Firstly, the international market should be closed to smugglers. Secondly, in order to ban the smuggling of narcotics, national and international drug traffickers should be arrested and hand them to judicial organs. Finally, the government ought to facilitate formers and encourage them to plant lawful cultivations.

II. The Prevention ways of narcotics addicts

The only creation that has a free will is a human being. Every human being dissolves any matter using their sound mind. But some human beings start using narcotics to damage their brain. As it is true that every bad environment encourages human beings to become a criminal but most of them become narcotics addicts. There are some very effective ways which play a very crucial rule in prevention narcotics addiction:

1. Public awareness: Informing people of the scared

rules of Islam: The sacred religion of Islam is a complete and inclusive religion and has many and various rules in every aspect of life. Therefore, the holy religion of Islam prohibits the cultivation, processing, selling, purchasing, distributing, producing, transporting, using, importing, exporting, storing, and trafficking of narcotics. The state is responsible to inform the whole public of the tragic damages of narcotics in light of the rulings of the holy religion of Islam.

2. Making public educated: Education is the only way which differentiate between bad and good deeds and between inmate and non-inmates in society. The holy religion of Islam urges people to get education, as it is narrated in a holy Hadith of the prophet Mohammad. Prophet Mohammad says seeking knowledge is obligatory over every Muslim man and woman". Furthermore, a well know author vector Hugo says about education" He who opens a school door, closes a prison". Based on some statistics educated people proportionally commit less or zero crimes than uneducated people.

3. Deterrence of narcotics cultivation: The prevention of narcotics cultivation plays a very critical role in deterrence drug addiction. Those who have easy access to narcotics,

they become easily addicted because there is no obstacle using narcotics. Unfortunately, the level of narcotics cultivation in Afghanistan is getting high and high rapidly. However, there are strong provisions regarding the cultivation, processing, selling, purchasing, storing and trafficking, people do not stop cultivating narcotics because the provisions of the specific law is not implemented in action. If the government could pay attention to the implementation of laws, narcotics addiction may drop to the less level or zero.

4. Failure to comply with laws: It is very hard to deter using narcotics in society, despite government efforts. Moreover, governments try hard to control and get rid to narcotics addiction, but they have not become successful to do so. The reason why government is not able to get control over narcotics because the laws which are combating against narcotics are not implemented completely. Not only government could control the usage of narcotics without the assistance of public. It means that public should not cultivate narcotics in order to get rid of addiction.

5. Providing life alternatives for formers: It is one of the most effective ways to combat narcotics and deter addiction in society. It is obvious that if the government could provide facility for each former to make 200 afghani per day so no one will cultivate narcotics in Afghanistan. For one hand, the government is not eager to provide such environment for the formers and from the other hand, it spends lots of money without doing anything fruitful.

6. Treatment of narcotics addicts: Approximately, 2 million people are using narcotics in Afghanistan but there is lack of hospitals to treat addicts. According to an estimation, there is one 20 beds hospital in eastern region in Afghanistan. In terms of the treatment of addicts in the mentioned hospitals, there are twobig problems: Firstly, the treating facilities in the mentioned hospital are very little. Secondly, if the addicts are treated normally and become healthy, they should be financially supported but none of the above issues are taken under consideration.

7. Closing the selling and buying market of narcotics:

The trade of narcotics plays an important rule in the increasing rate of narcotics addiction in Afghanistan. If the Afghan government and international community intend to prevent the selling and buying of narcotics inside and outside of Afghanistan, the drug traffickers should be arrested and be punished. Furthermore, in order to have a society free of narcotics, those markets which are selling and buying narcotics, should be closed for ever.

8. Preventing joblessness in society: Joblessness is one of the main causes of increasing narcotics addiction in a society like Afghanistan. If people do not have jobs and they are not busy doing something positive, this situation could pave the way for them to start using narcotics and become addicts. People who are busy doing something or have a job, this condition will have a positive impact on their lives. If the Afghan government intends to demolish narcotics addictions, it should find jobs for the people.

Conclusion

Nowadays, like other global issues (poetry, diseases, war,

climate change...), the narcotics addiction causes public order and treat human's health. Scholars believe that the damages of narcotics are few times higher than other issues and they are increasing frequently. According to some unverified statistics, the rate of narcotics addicts is about two million in Nangarhar province.

In this academic research, I have tried to talk about different internal and external factors which cause narcotics addiction in Nangarhar province such as the negative effects of parents addiction on their children, the death and illness of parents, the disputed family environment, no or lack of control of parents over their children, no awareness and implementation of the Islamic rules, the low level of education, the cultivation of narcotics, the existence of an international drug market. Furthermore, for the above-mentioned factors of narcotics addiction, there are many ways how to prevent narcotics addiction in Nangarhar province. Besides, I have consulted the Afghan government to take some strong measures to control the ongoing bad situation in Afghanistan.

Recommendations

1. The government should ban the product of poppy, cocaine, narcotics and other materials that could harm human beings physically and intellectually. Moreover, those people who are engaged in processing, producing and trafficking of narcotics should be arrested and punished.
2. The government must enhance public awareness and should ban the narcotics markets.
3. Individuals who are involved in producing and trafficking of narcotics and are not able to find other financial sources to feed themselves, the government should find reasonable jobs for them to fulfill their daily needs.
4. The government should control and govern media not do broadcast announcement related to the usage of narcotics.
5. The government must concentrate and take care of narcotics addicts after they stop using narcotics.

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