

Personality development of rural area working women in relation to emotional competence

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Abstract

Women are an integral part of society and they play an important role in determine the destiny of a nation. Therefore, due recognition to them in the society and their greater involvement in socio-economic and political affairs became all more important. Empowerment of women can lead the nation to greater heights socially, economically and culturally. The investigator has undertaken the study entitled personality development of rural area working women in relation to emotional competence. The objective of the study was to establish the relationship of extrovert type of personality of rural area working women with emotional competence. Null hypothesis was formulated two hundred twenty eight randomly selected subjects were taken. The tools used for the study were for personality introversion, extroversion, inventory by. A.F. Aziz and for emotional competence was Sharma and Bhardwaj. Pearson correlation technique was employed. The results of the investigation reveals that the component of emotional competence, Adequate depth of feeling, Adequate expression and control of emotions, Ability to function with emotions, Ability to cope with problem emotions and Enhancement of positive emotions all had got the negative role in personality development of an individual. It is well established fact that if these components have more dominance, then they will effect negatively on the development of individual's personality. This fact if further supported by the findings of the study.

Keywords: personality development, socio-economic, political affairs

Introduction

Working women have a whole new set of problems, involving both family and professional lives. Since the working women go beyond their boundary lines of their homes, they seem to be deviating from their traditional role of wives. Such things may affect both the role of women as well as in interpersonal reactions with their husbands. Having different social roles singles, daughter, wife, mother and so on might interact with their role of wage earner to produce differential psychological occupations do not involve much of a problems as they do not have any other major responsibility. But for married working women, the picture is quite different as they have to enter in the area of role conflict between various roles of women as wife, mother and an earner. While for men, family connotes provisions of comfort and support, for working women. it means two sets of overlapping responsibilities. Therefore, the role of family caretaker in addition to their professional and traditional role seems of effect the emotions.

Personality the person is friendly, outgoing, and attractive, you describing what we regard as good character in our culture. But some cultures it is deemed well for people to be fierce, warlike and cruel. So, although everyone has character- or at least not good character. Without doubt, personality touches our daily lives. Falling in love, choosing friends, getting along with coworkers, voting for a president, or coping with your zaniest relatives all raise questions about personality.

The characteristics of personality in three broad areas such as Introvert, Extrovert and Ambivert. Hence introvert mean is a shy, egocentric person whose attention is focused inward. An extrovert is a bold, outgoing person whose attention is outward. These terms are so widely used that you may think of yourself and your friends as being one type or the other.

However, the wildest, most party – loving “extrovert” you know is introverted times. Likewise, extremely introverted person are assertive and sociable in some situation. In short, two categories are often in adequate to fully capture difference in personality. Introvert a person whose attention is focused inward; a shy, reserved, self – centered person And Extrovert a person whose attention is directed outward; a bold, outgoing person. “Ambivert adapt. At a party, an ambivert engages in boisterous conversation, fluttering from person all night, much like the extroverts also enjoys dinner and a movie alone. Ambivert act like extroverts in social situations and introverts when alone.”

Emotional competence an lead to improved health through avoiding stress that would otherwise result suppressing emotion, it can also lead to improved relationship since in appropriate emotion are less likely to be expressed and appropriate behavior is not avoid through year of triggering some emotion, it can be seen as an economics of human resource as a real capital.

Emotions are the part of individual's personality. It is not wrong to stay that the behavior of an individual depends upon his competence to control emotions. Due to this established fact the investigator had undertaken problem entitled “Personality Development of rural area working women in relation to Emotional Competence.”

Methods and Materials

The objective of the study was to find out the role of adequate depth of feeling, adequate expression and control of emotions, ability to function with emotions, ability to cope with problem emotions and enhancement of positive emotions in personality

development of rural area working women. The null hypothesis was framed. The study was delimited to the two districts of Himachal Pradesh namely Hamirpur and Bilaspur.

Tools Used

The tools used for the present study was for, emotional competence. The scale of emotional competencies (Revised Scale) by Dr. H.C. Sharma (Agra) and Dr. R.L. Bhardwaj (Reader in Psychology D.S. College Aligarh) to determine the type of personality introversion, extroversion, inventory (IEI-AG) by Dr. A.F. Aziz Retd. Principal R.G. College Meerut

(U.P.).Dr. (Mrs.) Rekha Gupta Principal Kanohar Lal P.G. College Meerut (U.P.).

Sampling

Two hundred twenty eight subjects were taken for present study by using random sampling technique. The subjects which fall in the category, extrovert type of personality was considered for the present study. To establish the Relationship between variables of emotional competence with personality, Pearson’s coefficient of correlation statistical technique was employed.

Results

Table 1.1: Relationship of Emotional Competence with Extrovert Type of Personality of Rural Area Working Women of Himachal Pradesh

Personality						
Adequate Depth of Feeling N=	-.044					
	228					
Adequate Expression& control of emotions N=	-.045	.909**				
	228	228				
Ability to function with emotions N=	-.047	.842**	.957**			
	228	228	228			
Ability to cope with problem emotions N=	-.013	.791**	.908**	.949**		
	228	228	228	228		
Enhancement of positive emotions N=	-.039	.679**	.800**	.865**	.875**	
	228	228	228	228	228	
Total N=	-.040	.881**	.960**	.969**	.950**	.891**
	228	228	228	228	228	228

Table 1.1 Reveals that extrovert type of personality has negative relationship with adequate depth of feeling that is -.044, with adequate expression and control of emotions is -.045, with ability to function with emotions is -.047, with ability to cope with problem emotions is -.013, with enhancement of positive emotion is-.039 and with total emotional competence is -.040.for N=228.

Adequate depth of feeling has got positive and highly significant relationship with adequate expression and control of emotions that is .909, with ability to function with emotions is .842, with ability to cope with problem emotions is .791, with enhancement of positive emotion is .679 and with total emotional competence is .881. for N=228.

Adequate expression and control of emotions has got positive and highly significant relationship with ability to function with emotions that is .957, with ability to cope with problem emotions is .908, with enhancement of positive emotion is .800 and with total emotional competence is .960 for N=228.

Ability to function with emotions has got positive and highly significant relationship with ability to cope with problem emotions that is .949, with enhancement of positive emotion is .865 and with total emotional competence is .969.for N=228.

Ability to cope with problem emotions has got positive and highly significant relationship that is .875 and with total emotional competence is .950.for N=228.

Enhancement of positive emotions has got positive and highly significant relationship with total emotional competence that is .891. for N=228.

Discussion of Findings

According to the results as given in the table that component of emotional competence have negative relationship with the

development of personality of working women of rural area of Himachal Pradesh.

Adequate depth of feeling in its broadest sense is any kind of process or experience which can characterize by predominance of “affect” and accessible emotions which lead to some kind of involvement to a great degree of the individual or his/her assumption and judgments. Adequate expression and control of emotions is generally a action or reaction theory of an individual as in particular situation or circumstance but are the action or reaction of an individual whether action or reaction is controlled or modified. Ability to function with emotions is generally termed as the reactive emotions and its control as sometimes in a given situation it is very difficult to perform daily routine work, but if the individual has ability to function with emotions he/she will perform his routine work smoothly. Ability to cope with problem emotions. Certain problem emotions plays a destructive role and pose a potential damage to the life orientations of the individual’s life course such emotions requires to be controlled by emotional competence techniques and these should not be a determinate factor in the personality development of an individual. Enhancement of positive emotions the development of well balanced and properly integrated personality of an individual requires some positive characteristics like love, affection, joy etc. These develop constructive and dynamic behavior of an individual and contribute towards the development of well balanced personality of an individual.

Emotions have been identified from the infancy stage of the child developed in accordance to the surroundings (Environment) of the child. As discussed early the component of emotional competence depends upon the surrounding of an

individual. As the rural area working women have to interact with others in different environmental surroundings. Hence there environmental surrounding have effect on their behavior and there behavioral pattern changes due to these different interactions and that contribute towards the personality development of rural area working women. It is well established phenomenon that nature and nurture both have effect on the development of personality in which nurture have more significant effect on the personality of an individual. This is fact is future supported by the findings of the study.

Conclusion

On the basis of obtained results it has been concluded that the component of emotional competence adequate depth of feeling, adequate expression and control of emotions, ability to function with emotions and ability to cope with problem emotions and enhancement of positive emotions all had got the negative role in personality development of rural area working women.

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