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A comparative study of health consciousness among the students of private and government school of Haryana

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Abstract

The purpose of the Present study was to find out the comparison of Health consciousness among the students of private and government school of Haryana. The study was conducted on 50 male students (25 each) of private and government school. The age ranged between 13 to 18 years. Monitoring and Energy Factor was tested through (Health consciousness Scale, Made by N.V.V.S Naryana) (March 2009) standardized data was analysis by "t" test. After comparing of the present data it was found that Private school student have better in Monitoring and Energy Factor was same than Government school students. In the end of the study we can says that Private school students have more effects on Monitoring and Energy Factor.

Keywords: Health, Private School, Government School, Monitoring Factor, Health Consciousness.

1. Introduction

Health, like love or happiness, is a quality of life that is difficult to define and virtually impossible to measure. Health is defined differently among experts, but all delimitations have a common theme: Self responsibility and adopting a healthy life style. Ask people what they mean by being healthy or Feeling well we probably will get variety of answer. Most people usually think of health as the absence of disease. But what about sometime who has a relatively harmless genetic disorder, such as an extra toe. Health is the level of functional or metabolic efficiency of a living organism. In humans, it is the general condition of a person's mind and body, usually meaning to be free from illness, injury or pain (as in "good health" or "healthy"). The World Health Organization (WHO) defined health in its broader sense in 1946 as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." Although this definition has been subject to controversy, in particular as lacking operational value and because of the problem created by use of the word "complete," it remains the most enduring. Other definitions have been proposed, among which a recent definition that correlates health and personal satisfaction. Classification systems such as the WHO Family of International Classifications, including the International Classification of Functioning, Disability and Health (ICF) and the International Classification of Diseases (ICD), are commonly used to define and measure the components of health.

2. Purpose of the Study

A Comparative Study of Health Consciousness among the Students of Private and Government School of Haryana

2.1 Methodology

To achieve the objectives of the Present study 100 male and female students of private and government school of Haryana. The Age ranged between 13 to 18 years constituted the subjects of the study. The data was collected by (Health consciousness Scale, Made by N.V.V.S Naryana) (March 2009). The standardized data was statistically analyzed by "t" Test method.

Result and Discussion

TABLE 1: Comparison of monitoring factor of health consciousness among private school and government school boys.

| Players | N | Mean | S.D | SED | “t” ratio |
|-------------------|----|-------|------|------|-----------|
| Private school | 25 | 30.14 | 5.38 | 0.62 | 2.50 |
| Government school | 25 | 27.38 | 4.44 | 0.76 | |

Significant at 0.05 level

It is evident from the table that private school students have more batter in monitoring factor of health consciousness. The mean score of private school student was30.14 where as in Government school student it was 27.38 The SD was 5.38and 4.44and SED was 0.62 and 0.76 the ‘t’ value was2.50

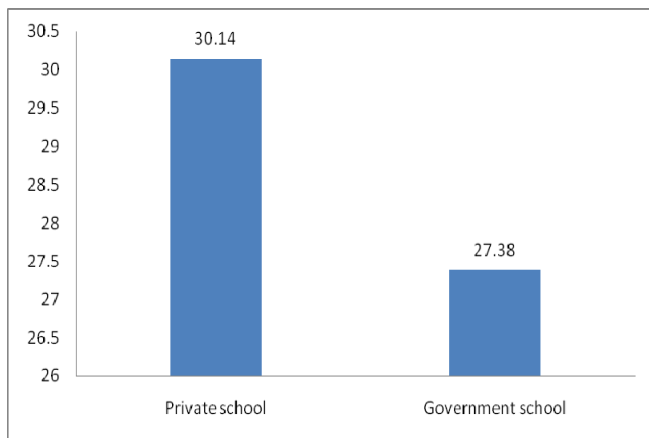


Figure-1

Table 2: Comparison of Energy factor of health consciousness among private school and government school boys.

| Players | N | Mean | S.D | SED | “t” ratio |
|-------------------|----|-------|------|------|-----------|
| Private school | 25 | 18.72 | 3.13 | 0.44 | 3.061 |
| Government school | 25 | 16.72 | 2.95 | 0.41 | |

Significant at 0.05 levels

It is evident from the table that private school students have more batter in Energy factor of health consciousness. The mean score of private school student was18.72 where as in Government school student it was 16.72The SD was 3.13and 2.95 and SED was 0.44and 0.41the‘t’ value was3.061

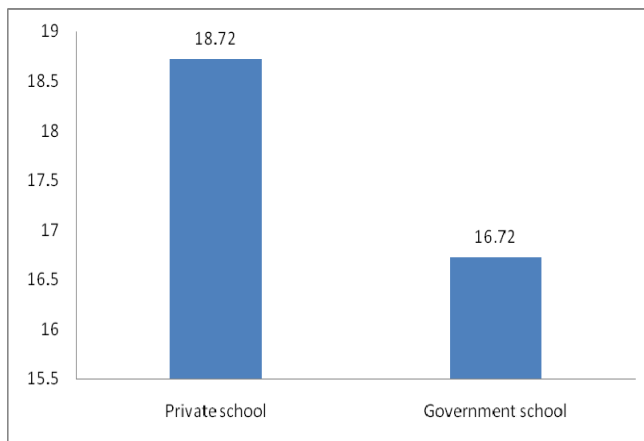


Figure-2

4. Acknowledgement

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5. Conclusion

It is evident from the study, that private school boys have better in monitoring factor and energy factor of health consciousness among private school and government school boys.

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