



## Causes of familiarization of children on narcotics, effects and ways of prevention in Afghanistan

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### Abstract

In past decades using and expenditure of narcotics become routine in most countries of the world. Have threaten humans and international community. However, humans have tried more to prevent this fatal phenomenon but did not succeeded because this bad phenomenon have an ancient history, but the way of it's using, and expenditures have also changed with improvement of new technology. Processing, producing and trade of narcotics is prohibited, the way that smuggles receives huge income from.

Unfortunately, this phenomenon has bad effects on our country and have seriously damaged and miscarried us. In previous four decades our country has confronted with great miseries due to using and costs of narcotics and have challenged our country in international community. So, I have started writing this article for awareness of disadvantages of this bad phenomenon.

**Keywords:** narcotics, familiarization, children

### Introduction

Sowing, producing and using narcotics have a long history in human society and familiarization with narcotics not only effect humans mentally and physically but using narcotics causes more difficulties in life of human societies and have humans have campaign more against this. In previous years the rate of using and costs of narcotics have raised uniquely. No one remain safe of this fatal phenomenon in the world.

Narcotics are composed of natural, chemical and artificial components that seriously causes human body after using this and brings a short pleasure. Using narcotics continuously causes adaptation.

Narcotics has different types and compositions, in which the most dangers and famous are opium, heroin, hashish and tranquilizers and many more. Those elements effect badly on human health and sometimes may cause death.

In Islamic Sharia all the narcotics are unlawful. The Prophet Muhammad peace be upon him said "Every intoxicant is illegal.

### Need of Research

To everyone especially to young generation of country to understand that using narcotic not only cause physically and mentally weakness rather have economic, cultural and social disadvantages. According to Islam intoxicants are forbidden thus from one side people get save from disadvantages of this bad phenomenon and on other hand to attempt them for struggling against narcotics.

### Objectives of Research

To find the disadvantages, methods of prevention and reasons of addicting on narcotics because using these things causes healthy, economical, and mental bad effects that the government and social community must prevent this.

### Research Methodology

This librarian research is completed on analytical and descriptive method of research and wish the people

campaign against cultivation, production and using narcotics.

### Introduction to Narcotics

According to the view of Iman Abu Hanifa (RA): Narcotics are those elements that its using may cause completely or partially turn out of the mind and sense, means those people who are using narcotics can't judge their speeches, can't judge between male and female, between earth and sky, between intimate and un intimate and in result committing crimes.

Narcotics are natural, chemical and semi chemical materials that it's using causes liar and short happiness and effect badly on physical and mental status of humans.

Narcotics has long history; ancient Egyptians were familiar with narcotics from 1500 BC and were calling this drug. A writer wrote about opium that (Opium is the best drug for prevention of crying children) and some says that (the basic) has derived from (the basic) the name of city where poppy was cultivated.

In the book of (Drug materials) a writer says about meaning of wine that: In Arabic language wine is known as "khomr" (wine) which is an infinitive and means hide or mask, thus wine also cover up or hide mind and senses of human beings, for that we use word "khumr" (wine) for the scarf of women who hide her face and body, Because wine cover up the mind of humans. In fact, those things which are able of drinking like water, beverage and many more are known as drink... wine brings laziness and unconscious after drinking. In other words, every beverage that bring intoxication is known to be wine. Opium is the juice of antidote that causes fun after drinking and in French we use word "opium" for this which is derived from Greek word.

Now a days the term narcotics is used for opium, hashish, powder, wine, heroine and for the more elements producing from this substance and with today's science technology and different processing machines of narcotics the opium is processed naturally and artificially and are selling in world's markets in form of powders, crystal and in form of

injections, rather find in markets as sleeping pills and for calming body's pains, nowadays young generation, educated and uneducated people are familiar with narcotics that become a burden on society.

### Explanation of drugs

Narcotics is defined by different scholars in different eras, according to Ameer dictionary narcotics is defined as "drugs mean substances that bring laziness, the drugs which make mind lazy, amuse and senseless.

New Webster defines narcotics as "Narcotics bring comfort and relax to pains, bring sleep to consumers and if someone eats more it may cause dizziness, coma and death. The drugs that nowadays most people are addicted to are: opium, hashish, heroin, fluff, morphine and many more...and overall types of narcotics reach up to 103.

### Types of using drugs

From tobacco up to heroin or up to intoxicant will smoke, eat, keep in mouth, injected or will take as drops of water; but its effects on body and mind may concern to its types of using.

Injecting in blood vessels may affect quickly than taking drugs by mouth or smoking, effects of sniffing is more effective than smoking and eating drugs, drug medicine is available in form of tablets, capsules and injections. For instance, (Decadron) can be used in six forms.

### Causes of addicting teenagers and youths on narcotics

Using narcotics is an old tradition in our country. Traditionally rural people are using narcotics as a local medicine. The solution of drugs and milk was used as a medicine for some diseases like cough, cold, body pains and for cure of babies' abdominal pains and for cure of cough and chest pains.

Drugs are not only utilized by teenagers and youths but every single resident living in social society that is addicted to drugs brings massive harms in society. Nowadays teenagers and youths, old and young, male and female, educated and uneducated are addicted to this sinful phenomenon. Initially they are using this just for fun but slowly they become addicted with, bad company, economic problems, non-supervision of parents, addicted parents, suddenly a high change in economic status, copying bad styles of others, living far away from parents and home, migrations and many more are playing key roles in addicting on drugs or narcotics. There are a lot of reasons of addicting youths on drugs like: accompanying with addicted people, working in drug companies and luxury hotels, working in farms collecting of narcotics, copying corrupt cultures of others, these habits may be found more in young generation, taking part in bad amusements, hearing to those who are addicted slowly pave way toward addiction and in result they also become addicted to drugs and narcotics and thus destruct themselves.

Unknowingly mixing narcotic in milk of mother for relaxing their infant may pave way toward addiction and those medicines that contain little percentage of narcotics in their composition cause addiction, using this kind of drugs continuously directs toward addiction level.

According to survey of researchers they have found that addicting of narcotics relates to environment and personalities. Also, it is obvious that genetic defects like foolishness, nervous diseases and weakness of mind may

cause addiction, on bases of this survey 17 % of addicts are weak mentally and 5% of addicts are mentally retarded that did not have link with limitations. Also, due to utilizing of drugs the mental status of 50% of addicts is very bad and in it is noticed in 28 cases that using drugs is hindrance in growth of body.

40% of addicts are faced with mental weakness and experiences have shown that 35% of young addicts are faced with health defects.

The accidents of war and fight can also be supposed to be a reason of addiction on drugs due to unstable situation in such conditions, can also cause genetic problems, social situation of a society can effect on personalities of young generation, community, family, school and parents have more effects on youths and if parents are addicted to drugs their offspring will also follow them because unpleasant acts of parents, bad condition of family are also reasons of addiction of drug, lackness of parents pave way to deprivation of control of parents and become familiar with drugs. Not solving the problems of youths and bad company is also a reason of addicting on drugs. According to a survey those underaged addicts with drug have 12-year age and overage are up to 52 years for instance: amongst 152 of addicts 60% have age from 15 years to 18 and were addicted to drugs in this stage of age. Here I want to appoint to two other reasons of addiction.

### First: Mental reason of addicting of youth on drugs

All youths and teenagers love to have happy and lucky life, but it is not easy to have happy life. Youths are facing with a lot of problems, but they did not reach to their aims and destinations, so they feel regret and want to be alone and fails to struggle against problems, so he is constrained to use narcotics. According to psychologist the causes of addicting youths on drugs are impotency of youths against obstacles and problems, lacking ability of dissolving troubles and problems, weakness of decision, lack of self-confidence, lack of thinking and argumentation, anxiety, limitation and many more.

### Second: Social, economic and cultural reason

Addiction of youths have following economic, cultural and social factors: improper education, defects in educational program of schools, different amongst school and home learning methods, cinemas, marriage, billiards clubs, security checkpoints, exuberance of narcotics, having easy-going laws against narcotics and not practicing laws, effects of wars, social crises, national and international nonsystematic policy against narcotics, immigrations, not awareness of youths from disadvantages of drugs, having dull values, beliefs and preaches, weak theology and faith, economic condition, unemployment, smuggling and persuasion to narcotics and weak treatments of youths are those problems that are effecting on soul and spirit of youths and addicting them on drugs.

Some youths get gathering up to midnight and using drugs which encourages people toward addiction. Sometimes in ceremonies youths are making fun and in result encourage youths to use narcotics and some of them are making ceremonies for the aim of addicting others.

The insolence of youth is also a factor of addiction because young generation do not pay attention to rules and regulations of society and are standing against this because these rules are against their wishes, they do not care about

any issue, do not hearing to the instructions of their parents and focus more on taking drugs, they are holding parties and are using morphine, wine, hashish and other alcoholic materials.

War can increase in number of young addicts in a country because warriors are using drugs for more bravery and for being awoken from sleep to look after their check stations and check points for long time.

### **Damages of narcotics**

Wisdom is a great gift of Allah that he has granted this gift only to humans and has imposed on human being to take care of this and should away of those things which damages and wind up the mind so no doubt wine and other drugs corrupts mind and cause some personal, social and other harms.

Using of narcotics not only have bad effects on consumers but it is a big challenge to financial base of society and its damages cover all categories and fundamentals of community especially children who are pillar and building blocks of society.

For instance: In society addicted people are facing with negative imagination, reaction of hates, health problems and other mental troubles. Number of addicts are increasing day by day in our country and are more than one million, these addicts are facing with mental and physical problems like: break down of appetite, losing of memory, wideness of pupil, increasing of heart beating, destruction of sperms, decreasing sexual desires, spoiling of teeth, different types of cancer, different problems of respiratory system, lacking of knowledge, laziness in daily tasks, lack of personality, feeling fear, deep upset, insomnia and many other healthy, economic and social problems.

#### **A. Social damages of narcotics**

Using narcotics causes more damages alongside with other social damages, important of them are mentioned below:

- Using drugs, even if it is wine or other may cause divorce. As we have mentioned in definition of narcotics that after using drugs, person cannot distinguish between stranger and non-stranger so this cause divorce.
- Using narcotics causes conflicts amongst families and society because an addicted person cannot judge his actions and feelings. He does not care about values and respect of others, attack on wealth of people, cannot differentiate between legal and illegal, do not care about moral norms of society and no one is safe of his bad actions.
- Using narcotics bring frustration and misfortune to society like killing, fornication, robbery and many more.
- Using narcotics causes decreasing in rate of education and increasing in rate of ignorance because using narcotics causes mental and nervous problems, also wind up memory and in result there is no space for learning and patience in brain.
- Using narcotics causes traffic accidents, unfortunately we lose lots of people in such accidents.

#### **B. Economical damages of narcotics**

Using narcotics (wine or other drugs) is wasting of wealth that Allah has granted us and have commanded us on its

protection and forbidden us from its wastefulness, like Allah said in Quran: Be away of wastefulness and do not expend your wealth improperly.

Addicted are wasting their wealth improperly on bad ways like: wine, heroine, hashish and many more, purchasing all mentioned drugs need money and may compel their families for taking money of them or sell their houses, land or furniture, if someone is addicted on cigarette may consume twenty AFN every day and wasting his wealth in such bad things.

Another harm is that it causes laziness in activities, unfortunately those who have used Narcotics will face very bad result, they don't like to work, so they face economic problems and for getting narcotics start rubbing, begging in homes, ways and in streets.

### **Ways of prevention or keeping away the addicted young generation from Narcotics**

Narcotics have been custom for long time in our society, we have to be very cautious with this and find ways to keep away youths, young girls and women from the use of narcotics, and these ways can implement with different sources.

- The basic place where a child learn is his or her house, street of the village, school and their childhood, at home their parents are responsible to have a full control over their children and aware them about the draw backs of Narcotics.
- Another source that can be cause of addiction of youngster is living outdoor or in Streets, the youngsters have a relationship with bad people. So, this become responsibility of their parents to advise them and to keep away children from addicted people.
- It is also the responsibility of teachers to aware their students from the draw backs of Narcotics.
- Government is also responsible to provide employment opportunity to keep youngster busy and keep away them from addiction, government have to facilitate sound amusements in communities.
- Government is responsible to provide cultural festival activities or learning course like learning English, computer learning courses and preparation courses for exams, sport etc.
- Prevention from Migration.
- To finish war from the country and always try for peace, it plays a big rule to keep away youngsters from addiction.
- From psycho point of view those youngsters that have a lot of wishes in their mind and hearts and if they did not achieve or fulfill their ambitions, then they become frustrated, this can also be a reason of an addition.
- Strongly combat with gangster or Mafia in the country and outside of the country can also prevent us from addiction on narcotics.
- General awareness about draw backs of drug content by Mullah Imam, Social media, Universities and schools.
- Not implementing law also pave way toward addiction

They build a department of decreasing narcotics that works under directorate of curative medical, ministry of health affairs in 2005, which carry out treatment of addicts. The main responsibilities of this department are: treatment for prevention, cure, decreasing in number of addicts, general knowledge, reconstruction, professional enhancement,

multiple services to addicts, provide services to addicts in provinces and villages. This department opened 130 treatment centers in 23 provinces in year 2017 These centers provide (OPD) services and provide services outside of provincial center and villages. This department also starts bed treatment services in provincial center and villages. These centers have the capacity of 3880 and now its capacity has enhanced to 4100 beds, in every year they treat 29480 addicts of Narcotics. Besides this they have built 50 medical centers in Balkh province and 20 beds in Nemroz province. These centers have provided medical treatment to 30680 addicts.

### Conclusion

Drug is one of the most killer and fatal elements that have disposed its bad effects all over the world especially in our country, everyday creates problems to people.

Not only Narcotics and alcohol but the using of all those things that carry someone from normal situation into mental instability should be prohibited.

In a society people are using bang, wine, chicken, heroin, Justin and many more but the important issue is that these are the elements that affects directly on mental system and other parts of humans body, it has also changed their behaviors, All these things are the reasons of drug addiction of children and youngsters and methods of its prevention have been intend. The continually use of narcotics carry person toward addiction and ruin himself, his family, the society and the whole nation.

### Recommendations

1. Common awareness by scholars and teachers about damages and prohibition of narcotics.
2. Practicing the directions of holy religion Islam.
3. Broadcasting harms and damage of narcotics through mass media.
4. Adding subjects of narcotics in curriculum.
5. The duty of government is to deliver substitute cultivation to farmers instead of narcotics and to find better market for the products.

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