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Comparison of Aggressive Behaviour (Category wise) among sports person and Non-Sports Person

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Abstract

The purpose of the present study was to find out the comparison of aggressive Behaviour category among sports person and Non-sports person of Bhiwani District. The sample of the Present study was conducted on 250 male (125 each). Who had participated at national level. Only football game players was selected for the study. Aggression is "behavior in which there is intention to injure another". It is resultant of a number of forces acting both with in and upon the individual at the same time.

Keywords: Aggression, Sports Person, Non-Sports Person, Bhiwani.

1. Introduction

In the Modern world of sports, it has become an absolute necessity that high talents are identified for the right game. A sport is no more a hobby it has become a full time profession modern sports. In fact, compel athletes to take up sports competitions as a full time vocation besides making name and aggression and anger are typical responses of frustration. The stronger the goal response will be the greater degree of interference will be and more powerful will be the Urge for aggression. The great need for the physical education teacher to know various needs and expressions of the sportsmen. We should pay a special attention to find out the various outlets of aggressive tendency in game and sports. Success in sports will improve behavior and achievement in other areas also.

In sport, aggression is a characteristic that can have many negative as well as positive effects on performance. Aggression is defined as "any form of behavior directed toward the goal of harming of injuring another lived being who is motivated to avoid such treatment. In a players' career they will come across a number of high – pressured situations where they will have to deal with many stressors. These can range from personal stressors. These can range from personal stressors such as worry and anxiety, to situational stressors such as team – related problems.

Our investigation was designed to examine the extent to which young male football players and non-players learned about illegal aggressive actions through the observation of college and professional football.

2. Purpose of the Study

Comparison of Aggression Behaviour (Category wise) among sports- person and Non-Sports person.

3. Methodology

To achieve the objectives of the present study 250 (125 Teach) male sports person and non-sports person of Bhiwani District were selected as a sample of the study and who had participated in national level. The study was delimited to football players only. The age ranged between 18 to 25 years constituted the subjects of the study. Three different category mild aggression, Moderate Aggression, High Aggression were selected for the study. The data was collected by standardized tools Dr. G.C. Pati Aggression test and using statistically analyzed "t" test method. The researcher find out that non-sports person having more aggression level(category wise) then the sports persons.

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4. Result and Discussion

Table 4.1: Comparison of Aggression Level (Category wise) among sports and non-sports person

Category	Mean	Mean	Mean Difference	SD ¹ S.P	SD ² N.S.P.	T
Mild age	476.690	469.204	7.486	31.823	26.852	2.01
Moderate age	545.246	540.938	4.308	13.122	10.534	2.93
High age	593.897	578.500	15.397	23.739	11.151	6.57

* Significant at 0.05 level (1.96 value)

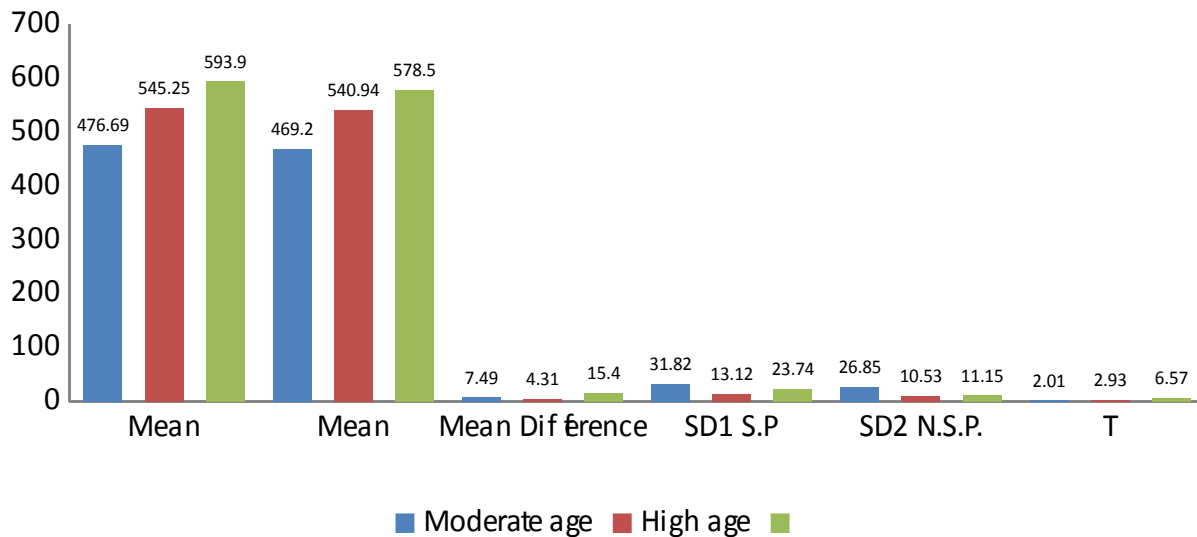
* Significant at 0.01 level (2.58 value)

According to table no. 4.1 mean scores of sports person of mild aggression was 476.690 and that of non-sports person were 469.204. The S.D. of sports person was 31.823 and that of non-sports person was as 26.852 and the ‘t’ value was 2.01 which is significant even at 8.05 level. The Mean score was in favour of non-sports person.

The Mean Scores of sports person having moderate aggression were as 545.246 and that of non-sports person was 540.938. The SD of sports person was 13.122 and that of

non-sports person was 10.534. The ‘t’ value was 2.93, which is significant even at 0.01 level. The mean score was in favour of non-sports person.

The mean scores of sports person were having high aggression as 593.897 and that of non-sports person was 578.500. The SD of sports person was as 23.739 and that of non-sports person was 11.151. The ‘t’ value was 6.57 which is significant even at 0.01 level. The mean score was in favour of non-sports person.



Graphical presentation of Aggression Behaviour (Category wise) among sports person and Non-Sports person.

5. Conclusion

It is evident that sports person were high aggressive behavior than non-sports person in (Category wise) aggression.

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