



International Journal of Multidisciplinary Research and Development



IJMIRD 2014; 1(6): 51-52
www.allsubjectjournal.com
Received: 24-09-2014
Accepted: 21-10-2014
e-ISSN: 2349-4182
p-ISSN: 2349-5979
Impact Factor: 3.762

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A comparative study of anxiety level between sportsmen and non-sportsmen in relation to their socio economic status at university level

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Abstract

In the present study, an attempt has been made to compare the Anxiety level between sportsmen and non-sportsmen in relation to their Socio-economic status. The study was carried out on 150 students (75 sportsmen and 75 non – sportsmen) male person. The data was collected by different coaching camps. The age of the selected subjects ranged from 18 to 25 years. Only those players were selected who had attend the inter college competition at m.d.u university Rohtak. Only Anxiety and Socio-Economic status variables were selected for the study. The data was collected through comprehensive Anxiety test to measure anxiety and a common Socio-economic status scale questionnaire composed by (jalotas, Kande R.N.) to measure Agression level was administered. The data was analyzed by t-test. The Investigator observed that non-sportsmen having more anxiety level then the sportsmen in high socio-Economic, medium socio- Economic status.

Keywords: Comparative, Anxiety, Socio-Economic status, Sportsmen, Non-Sportsmen, Highsocio-Economic, Medium socio- Economic status.

1. Introduction

Anxiety is an affect that occurs in all players, arises and diminishes at various times and various circumstance. Nearly every concern of human endeavor in thought to be affect someone, by anxiety. The hall mark of Anxiety is a feeling of apprehension accompanied by the idea that some Anxious is about the happen. As anxiety is a drag on the unfolding and full development of player's potentialities with the results that the achievement of the players is greatly hampered and falls much below the expectations based on their potentialities. Socio Economic status means the educational occupational residence home facilities and living standards of the parents as well as of the respondents. Socioeconomic status as social educational, professional and educational status of parents.

2. Purpose of the Study

A comparative study of anxiety level of sportsmen and non-sportsmen in relation to their socio economic status at university level.

3. Methodlogy

In the present study, an attempt has been made to compare the Anxiety level of sportsmen and non-sportsmen in relation to their Socio-economic status. The study was carried out on 150 students (75 sportsmen and 75 non – sportsmen) male person. The data was collected by different coaching camps. The age of the selected subjects ranged from 18 to 25 years. Only those players were selected who had attend the inter college competition at m.d.u university Rohtak. Only Anxiety and Socio-Economic status variables were selected for the study. The data was collected through comprehensive Anxiety test to measure anxiety and a common Socio-economic status scale questionnaire composed by (jalotas, kande R.N), to measure aggression level was administered. The data was analyzed by t-test. The Investigator observed that non-sportsmen having more anxiety level then the sportsmen in high socio-Economic, and medium Economic.

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Table 1: Comparison of Anxiety levels of Sportsmen and Non-sportsmen students on the basis of their high social economic status.

S.E.S	N(SM-NSM)	M1	M2	SD	SED	T
SM/NSM(H.S.E.S)	25-25	16.38	26.03	13.40	3.78	2.55*

As shows in the table – 1 Mean score of Anxiety test of High socio-economic status between sportsmen and non-sportsmen students were 9.5408 and 10.1652 respectively and SD was 0.58538 and 0.90290 and SED was 0.11708 and

0.18058 and t-value was 3.126 for significant at 0.05 level. It means that non-sportsmen students have better then sportsmen students in High socio-Economic status.

Table 2: Comparison of Anxiety levels of Sportsmen and Non-sportsmen students on the basis of their medium social economic status.

S.E.S	N(SM-NSM)	M1	M2	SD	SED	T
SM/NSM(M.S.E.S)	25-25	16.26	24.44	12.62	3.56	2.30*

Significant at 0.05 level

As shown in the table – 2 the significant difference of anxiety level of sportsmen and non-sportsmen in Medium socio-economic status.s.e.s.The mean of sportsmen is 16.26and 24.44 S.d is12.62 and 3.56 and t value was 2.30*.It means that non- sportsmen having more anxiety level than the sportsmen students at (M.S.E.S) level.

4. Conclusion

It is evident from the table that non-sportsmen having more anxiety level then the sportsmen in high socio-Economic and medium socio economic status than the Sportsmen.

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